



GENERAL RISK ASSESSMENT

DATE CARRIED OUT: 16/09/20

ASSESSMENT CARRIED OUT BY: CLUB HEALTH & SAFETY OFFICER

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	REVIEW COMMENTS / REVIEW DATE
DROWNING	Paddlers Others	Wearing of buoyancy aid. Instruction in capsizing procedures. Relevant supervision. Advised to keep away from the bank.	Club Buoyancy aids inspected annually. Induction sessions for beginners and new members. Leaders/Coaches to ensure buoyancy aid correctly fitted. Regular checks on equipment during the season. Encourage regular capsizing practice in sessions.	September 2020
HYPOTHERMIA	Paddlers	Advised on the correct clothing to wear. Adjustment to clothing as required.	Continuous dynamic risk assessment.	September 2020
SLIPS, TRIPS & FALLS	Paddlers, Parents, Coaches & Others	Regular inspection of facilities and identification of any issues.	Report all concerns to pool staff.	September 2020



SPRAINS, STRAINS & SOFT TISSUE INJURIES	Paddlers, Parents, Coaches & Others	Encourage pre-session warm up. Train members to lift correctly. Ask for help when moving craft. Encouraged to paddle correctly. Use of helmets encouraged where appropriate.	Ongoing training and regular checks of procedures. Appropriate checks on storage facilities.	September 2020
POLLUTION & WATER QUALITY	Paddlers	Advised to shower/wash soon after immersion. Made aware of flotsam.	Risks higher in spate conditions or in known areas or poorer water quality (e.g. HPP & Canals) Avoid intentional capsizes in poor conditions.	September 2020
OTHER RIVER USERS	Paddlers & Other users	Paddlers instructed to be aware of other river users and how to take appropriate / avoiding action. Awareness of fishermen etc.	Informed as to possible other river users and location.	September 2020
WEIRS & MAN MADE FEATURES	Paddlers, Coaches	Helmets to be worn when paddling in associated rough water.	Appropriate skill and awareness training.	September 2020
OVERHANGING TREES OR STRAINERS	Paddlers, Coaches	Paddlers advised to negotiate around trees, both overhanging and floating. Advised as to correct action in event of entanglement.	Continuous dynamic risk assessment required. Report any concerns to pool staff for action.	September 2020



PROPERTY & FACILITIES	Paddlers, Coaches Parents & Others	Regular inspection of the venue on arrival.	Report all concerns to pool staff.	September 2020
WEATHER & ENVIRONMENTAL CONDITIONS	Paddlers, Coaches Parents & Others	Awareness of weather conditions, checking forecast. Lightning risk – vacate the pool area and follow instructions of pool staff.	Dynamic risk assessment as conditions change.	September 2020